

# NANAIMO

# TIMBERMEN



## 2026 Pre Season Practice Schedule ( \*All Sessions At Harewood Box )

### U7 Coed Division

Saturday	March 28th	2:00-3:00pm	
Sunday	March 29th	2:00-3:00pm	

### U9 Coed Division

Saturday	March 14th	TIME TBD	*U9 Coordinator/Coach will notify you of times
Saturday	March 21st	TIME TBD	*U9 Coordinator/Coach will notify you of times
Saturday	March 28th	TIME TBD	*U9 Coordinator/Coach will notify you of times

### U11 Coed "A"

Wednesday	March 11th	6:00-7:00pm	
Tuesday	March 17th	5:00-6:00pm	
Tuesday	March 24th	5:00-6:00pm	
Tuesday	March 31st	5:00-6:00pm	

### U11 Coed "B"

Saturday	March 14th	1:00-2:15pm	*Team #1 & #2 only
Saturday	March 14th	2:15-3:30pm	*Team #3 & #4 only
Monday	March 16th	5:00-6:00pm	*Team #1 & #2 only
Thursday	March 19th	5:00-6:00pm	*Team #3 & #4 only
Monday	March 23rd	5:00-6:00pm	*Team #1 & #2 only
Thursday	March 26th	5:00-6:00pm	*Team #3 & #4 only
Monday	March 30th	5:00-6:00pm	*Team #1 & #2 only
Thursday	April 2nd	5:00-6:00pm	*Team #3 & #4 only

### U13 Coed "A1"

Tuesday	March 10th	5:00-6:30pm	
Tuesday	March 17th	7:00-8:00pm	
Tuesday	March 24th	7:00-8:00pm	
Tuesday	March 31st	7:00-8:00pm	

<b>U13 Coed "A2"</b>			
Wednesday	March 11th	7:00-8:00pm	
Tuesday	March 17th	6:00-7:00pm	
Tuesday	March 24th	6:00-7:00pm	
Tuesday	March 31st	6:00-7:00pm	

<b>U13 Coed "B"</b>			
Thursday	March 12th	5:00-6:30pm	
Wednesday	March 18th	6:00-7:00pm	
Wednesday	March 25th	6:00-7:00pm	
Wednesday	April 1st	6:00-7:00pm	

<b>U15 Coed "A"</b>			
Tuesday	March 17th	8:00-9:00pm	
Tuesday	March 24th	8:00-9:00pm	
Tuesday	March 31st	8:00-9:00pm	

<b>U15 Coed "B"</b>			
Wednesday	March 18th	7:00-8:00pm	
Wednesday	March 25th	7:00-8:00pm	
Wednesday	April 1st	7:00-8:00pm	

<b>U17 Coed "A"</b>			
Wednesday	March 18th	8:00-9:00pm	
Wednesday	March 25th	8:00-9:00pm	
Wednesday	April 1st	8:00-9:00pm	

<b>U17 Coed "B"</b>			
Thursday	March 19th	8:00-9:00pm	
Thursday	March 26th	8:00-9:00pm	
Thursday	April 2nd	8:00-9:00pm	

**U11 Female "B"**

Wednesday	March 11th	5:00-6:00pm	
Wednesday	March 18th	5:00-6:00pm	*Shared Floor w/ U13F-B
Wednesday	March 25th	5:00-6:00pm	*Shared Floor w/ U13F-B
Wednesday	April 1st	5:00-6:00pm	*Shared Floor w/ U13F-B

**U13 Female "A"**

Thursday	March 19th	6:00-7:00pm	
Thursday	March 26th	6:00-7:00pm	
Thursday	April 2nd	6:00-7:00pm	

**U13 Female "B"**

Wednesday	March 18th	5:00-6:00pm	*Shared Floor w/ U11F-B
Wednesday	March 25th	5:00-6:00pm	*Shared Floor w/ U11F-B
Wednesday	April 1st	5:00-6:00pm	*Shared Floor w/ U11F-B

**U15 Female "B"**

Monday	March 9th	5:15-6:30pm	
Thursday	March 19th	7:00-8:00pm	
Thursday	March 26th	7:00-8:00pm	
Thursday	April 2nd	7:00-8:00pm	

**U17 Female Division**

Monday	March 16th	6:00-7:30pm	*Both U17F Teams
Monday	March 23rd	6:00-7:30pm	*Both U17F Teams
Monday	March 30th	6:00-7:30pm	*Both U17F Teams

**U22 Female Division**

Wednesday	March 11th	7:30-9:00 PM	*All Players
Monday	March 16th	7:30-9:00 PM	*All Players
Monday	March 23rd	7:30-9:00 PM	*All Players
Monday	March 30th	7:30-9:00 PM	*All Players